



Anti-bullying Plan



What is Bullying?

Bullying is a repeated misuse of power over an individual by one or more people. A one-off incident between students with equal power is not considered bullying.

Bullying can be:

- **Verbal** eg name calling, teasing, abuse, putdowns, sarcasm, insults, threats.
- **Physical** eg hitting, kicking, scratching, tripping, spitting.
- **Social** eg forming gangs, ignoring, excluding, alienating, making inappropriate gestures.
- **Psychological** eg spreading rumours, hurtful looks, hiding or damaging possessions, malicious text or email messages, inappropriate use of mobile phone cameras or social media in or outside of school.

Our Responsibilities

Students, teachers, parents, caregivers and members of our wider school community have a responsibility to:

- promote positive relationships that respect and accept individual differences and diversity within the whole school community
- support the anti-bullying plan through words and actions
- actively work together using the school's established procedures to resolve incidents of bullying behaviour when they occur.

Managing Bullying

Students can expect to:

- know that their concerns will be responded to by school staff
- be provided with appropriate support (for both the subjects of and those responsible for the behaviour)
- take part in learning experiences that address key understandings and skills relating to positive relationships, safety, gender equity, discrimination, bullying and harassment. These experiences will be guided by the personal development, health and physical education syllabus and wellbeing initiatives built into school plans.

Teachers have a responsibility to:

- deal with bullying in the classroom and playground
- provide students with strategies to respond positively to incidents of bullying behaviour, including responsibilities as bystanders or observers
- follow up complaints of bullying, harassment and intimidation.

Students have a responsibility to:

- report bullying when they see it happen or experience it
- behave appropriately, respect individual differences and follow the school anti-bullying plan
- respond to incidents of bullying according to our school anti-bullying plan.

Parents and caregivers have a responsibility to:

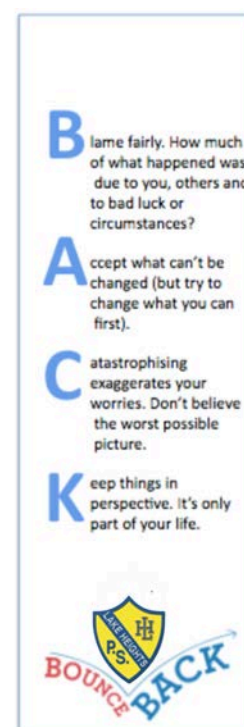
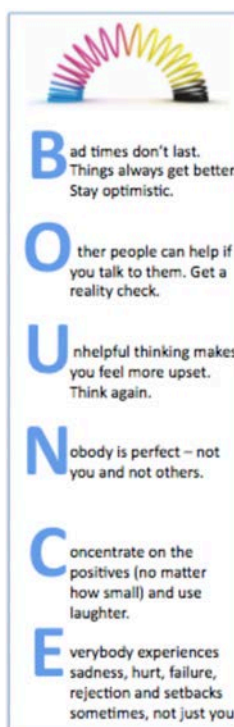
- support their children in all aspects of their learning
- be aware of the school anti-bullying plan and assist their children in understanding bullying behaviour
- support their children in developing positive responses to incidents of bullying consistent with the school anti-bullying plan
- support all students of the school to deal effectively with bullying through the strategies of our anti-bullying plan.

Strategies to prevent bullying

Our school strives to teach skills and understandings that eliminate or minimise bullying behaviours.

Strategies that promote respectful relationships are taught across key learning areas and reinforced consistently through school practices.

- The [Bounce Back program](#) is embedded into weekly learning experiences in every class. It teaches self-protective strategies and builds resilience. A weekly focus is published in staff communications to assist the school to maintain a coordinated approach to wellbeing.
- Every year, we teach students what bullying is and reinforce constantly that bullying (verbal, physical, social, psychological) is not tolerated. Everyone is expected to ensure that it does not happen and has the responsibility to tell - this is not telling tales
- We reward and encourage children for individuality.
- Classroom posters that illustrate examples of bullying and strategies for dealing with bullying when it occurs are displayed at different times throughout the year.
- CCTV cameras throughout the school provide a deterrent to would-be bullies. They help staff to ensure that students are in the right place at the right time, monitor the location of property and assist in providing an environment where students feel secure.



Strategies to address incidents of bullying

Our school can deal with bullying quickly and effectively **when it is reported**. Students need to be reminded regularly of this.

- If bullying is happening, teachers will find out the facts, talk to the bullies and victims individually and take steps to stop and prevent the bullying. A school Anti-bullying resource package is available to teachers along with an information pack for parents/carers of children who bully.
- If appropriate, teachers may break up the group dynamics by altering class seating positions, monitor or restrict access to certain playground areas.
- We use counselling, thinking time and other actions in keeping with the School Discipline Code.